

Ashley Mowrey, PsyD

Licensed Clinical Forensic Psychologist

Professional Experience

Licensed Clinical Forensic Psychologist, California Department of Corrections and Rehabilitation

San Quentin, California

Training and Assessment Team / Clinical Supervisor

August 2021 - Present

- *Conducts forensic evaluations, utilizing personality, neurocognitive, malingering, and intellectual assessment measures and/or screeners.*
- *Completes PC 3202 assessments, court-ordered evaluations determining risk for violence and treatment recommendations for inmates being discharged from CDCR.*
- *Completes Gender-Affirming Surgery (GAS) evaluations, providing a comprehensive psychological history, assessing capacity for informed consent and evaluating for gender dysphoria.*
- *Serves as an APA clinical supervisor to unlicensed predoctoral psychology interns and practicum students.*
- *Provides assessment and individual supervision, coordinates student caseload distributions, and facilitates or cofacilitates weekly didactic trainings.*

Outpatient Clinical Psychologist

August 2019 – August 2021

- *Conducted 10 integrative evaluations per week.*
- *Maintained a caseload of approximately 120 patients.*
- *Organized and led annual multidisciplinary treatment team meetings to coordinate patient care.*

Crisis Intervention Evaluator

August 2018 – August 2019

- *Triaged and provided emergent mental health interventions, including involuntary psychiatric hospitalizations, to 15 clients per week.*
- *Completed 5 – 10 evaluations per week assessing an individual's risk for suicide, self-harm, dangerousness to others, and grave disability.*

Independent Contractor, San Francisco Forensic Institute

San Francisco, CA

February 2018 – Present

- *Serves as an expert witness, consulting with legal counsel and the court system to provide testimony on sexual offending, general criminality, and risk determination.*
- *Serves as an independent evaluator, providing pre-trial court-mandated risk evaluations.*
- *Provides research-based treatment interventions to individuals with sexually deviant behaviors and/or registered sex offenders on federal probation, state parole, or county probation.*
- *Conducts monthly multidisciplinary containment meetings with peace officers.*
- *Completes integrative risk evaluations that include measures of sexual interest, violence risk measures, and psychopathology or personality inventories.*
- *Facilitates Cognitive Behavioral Therapy treatment groups specific to addressing sex-offender specific risk factors.*

Site Coordinator, Sharper Future

San Francisco, CA

October 2016 – January 2018

- *Clinic management, including adherence to contracts with state parole and federal probation, maintaining quality control of services and paperwork, and completing liaisons with probation and parole officers.*
- *Completed intake evaluations and assigned new clients to treatment providers based on individualized treatment needs, risk levels, clinician productivity, and appropriateness of fit.*
- *Led containment meetings with federal probation and state parole officers, clinic staff, and clients.*
- *Provided direct clinical supervision to unlicensed and licensed clinicians, completed performance evaluations, and reviewed and co-signed risk evaluations and treatment plans.*
- *Maintained a caseload of approximately 30 clients and created curriculum and co-facilitated two groups per week.*

Post-Doctoral Fellow, Sharper Future
San Francisco, CA

September 2015 – September 2016

- *Provided regimented cognitive behavioral therapy to individuals registered sex offenders on state parole and federal probation.*
- *Completed comprehensive sexual history assessments and risk evaluations for new clients.*
- *Participated and co-facilitated weekly staff process groups.*
- *Developed and presented didactic trainings on the topic of working with sex offenders through an existential framework.*

Predoctoral Fellow, Mission Mental Health
San Francisco, CA

August 2014 – August 2015

- *Maintained a caseload of 30 clients, providing existential therapy in an outpatient setting to a caseload consisting of transient, LGBTQ+, and ethnic minority clients.*
- *Triaged 20 new clients per week for referral for psychiatric hospitalization pursuant the Welfare and Institutions Code (WIC) 5150 or enrollment in medi-cal reimbursed mental health services.*
- *Attended weekly didactic training and participated in a weekly process group for clinicians practicing Existential Therapy.*

Practicum Intern, Salvation Army Adult Rehabilitation Center
Oakland, CA

January 2013 – January 2014

- *Provided inpatient substance use treatment to individuals on county probation or state parole.*
- *Provided reintegration case management services, such as job skills training.*
- *Facilitated monthly psychological education and skills building training for patients, their families, and community members.*

Practicum Intern, Psychological Services Center
Oakland, CA

July 2012 – June 2013

- *Provided trauma-informed affirmative therapy according to the Minority Stress-Approach within an envision high school setting.*
- *Organized and implemented an onsite Sex and Drug education group through engagement with community nonprofit organizations.*
- *Conducted comprehensive intellectual testing batteries for individuals identified as having potential learning disabilities or impaired intellectual functioning.*

Education

University of San Francisco
Bachelor of Arts in Psychology
Aug 2006 – May 2010

Alliant International University, California School of Forensic Studies
Doctorate in Clinical Forensic Psychology
Jan 2010 – August 2015

License and Certifications

California Board of Psychology
May 2017 – May 2023 License Number: PSY29164

California Sex Offender Management Board – Independent Practitioner
September 2015 – July 2022

Assessment Certifications

HCR-20 – VRAG-R – AASI-3 – JSORATT II – MoCA – LS/CMI – STABLE 2007 – STATIC 99R